

Advanced Peer Support

This course builds upon the foundational skills learned in the Basic Peer Support course and is intended for first responders who have served in a peer support role for 6 to 12 months. Participants will review essential peer support concepts while advancing their knowledge and skills in crisis intervention, suicide assessment, and intervention techniques. Attendees will engage in case discussions and experiential exercises designed to strengthen their ability to navigate complex peer support situations. The course also emphasizes strategies for self-care and promoting wellness within peer support teams.

Learning Objectives:

- Demonstrate advanced communication skills during high-stress or crisis situations.
- Apply crisis intervention and suicide assessment techniques to respond to risk.
- Evaluate complex peer support scenarios using case discussion and practical exercises.
- Use self-care to prevent burnout while serving in a peer support role.
- Work collaboratively within a peer support team to promote wellness

Dates:

May 4th-5th,
2026

Time:

8:30am-4:30pm

Location:

**Kent Police and Fire Training
Center - Room 1A/B**

24523 116th Ave SE,
Kent, WA 98030

**Cost covered by
Washington State
Criminal Justice Training
Comission**



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