

Executive Peer Support

Free training for Executive Staff of Law Enforcement, Fire/EMS, Corrections, and Coroner/Medical Examiner agencies.

June 8-9, 2026

Hosted by: Mukilteo Fire Department

This two-day course is designed for executive and command-level staff seeking to understand, support, and sustain peer support programs within their agencies. Participants will gain insight into the purpose and structure of peer support, best practices for program development, and the critical role of leadership in fostering a culture of wellness. Attendees will explore the behavioral health challenges faced by first responders and learn how peer support teams help mitigate the effects of stress, trauma, and critical incidents. Emphasis is placed on promoting organizational wellness that begins with leadership and includes support for executive well-being.

By the end of this course, participants will be able to:

1. Explain the role of leadership in developing, supporting, and sustaining peer support programs within first responder agencies.
2. Identify the behavioral health challenges and wellness needs unique to first responders and the ways peer support can mitigate these challenges.
3. Evaluate their organization's culture of wellness and identify strategies to promote psychological safety, openness, and trust across all ranks.
4. Apply leadership principles to support peer support teams, including policy development, confidentiality practices, and effective program oversight.
5. Develop strategies to promote wellness at the executive level, including self-care, peer connection, and modeling healthy leadership behaviors.

Class size limited to 30 attendees.

[Scan the QR code or click this LINK to register.](#)



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